

# SOY-MILK DESSERTS SAID TO BE DELICIOUS

Old Indian Cooks Claim Buttermilk Makes Corn Bread Much Lighter—Cakes, Muffins, Biscuits and Ginger Bread Among Most Tasteful Products.

BY MRS. M. A. WILSON.  
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Try some of the delicious soy-milk desserts of the New England States. You know that the old Indian cooks used to make milk or just plain corn milk made the corn bread much lighter.

**Whole-Wheat Muffins.**  
Place in a mixing bowl  
Two cups of whole-wheat flour.  
One teaspoon of baking soda.  
One teaspoon of salt.  
Three tablespoons of sugar.  
Four tablespoons of shortening.  
One egg.

Two cups of whole-wheat flour.  
Two teaspoons of baking powder.  
Beat hard to mix and then pour into greased muffin pans and bake for twenty minutes in a hot oven.

**Yesterday's Bran Bread.**  
Place in a mixing bowl  
Three cups of buttermilk.  
One and one-half teaspoons of salt.  
Two teaspoons of baking soda.  
Three-quarters cup of sugar.  
One-half cup of shortening.

Four cups of whole-wheat flour.  
Four cups of bran.  
One and one-half cups of white flour.  
Two tablespoons of baking powder.  
Beat hard to mix and then pour into greased pans and spread evenly. Let stand for ten minutes.

**Buttermilk Doughnuts.**  
Place in a mixing bowl  
One cup of buttermilk.  
Two tablespoons of shortening.  
One egg.  
One cup of sugar.  
One teaspoon of baking soda.

One-half cup of nutmeg.  
One-half cup of ginger.  
Beat to mix. Now add all the other ingredients.  
Five cups of sifted flour.  
Two teaspoons of baking powder.

Roll out on a smooth surface. Roll out one-half inch thick and cut into rounds. Fry in hot oil until golden brown in hot fat.

**Buttermilk Custard.**  
Place in a mixing bowl  
Yolk of one egg.  
Two eggs.  
One and one-quarter cups of buttermilk.

One teaspoon of vanilla extract.  
One-half cup of sugar.  
Three tablespoons of flour.  
Beat to a smooth batter and then pour in custard cups and set the cups in a pan of warm water, and bake in slow oven until firm in the center. Remove, cool and then make a whip with white of one egg.

One-half glass of jelly.  
Beat to a stiff frothing and then

## THE SANDMAN STORY

MRS. ROBIN AND THE SIGNBOARD.

One morning Mrs. Robin, who was a sign painter, was out of the woods, saw a sign nailed to a tree. "Now, what in the world can that be about?" she thought, flying around to take a good look at it.

But, of course, she could not read. She flew back to get Mrs. Blackbird and ask her if she could read what was printed there.

Mrs. Blackbird said she had left her glasses at home, so she couldn't read. But if you will wait," she told Mrs. Robin, "I will fly right home and get them."

Mrs. Blackbird was a clever creature, and she did not want to tell Mrs. Robin she could not read, so off she flew to her home and did not return.

Billy Blue Jay flew along while Mrs. Robin was waiting, so she asked him to read the sign. "Oh, I can't stop," said Billy. "I have to go to the farm over the hill and back in a hurry."

"I don't believe he can read," said Mrs. Robin, as she watched him out of sight. "I will go over to Jim Crow's. He surely will be able to read it. He knows all about signs."

Jim Crow came hurrying back with Mrs. Robin. "Why, of course, I can read!" said he, as they came up to the tree with the sign on it. "Easiest thing in the world to guess what this is. It is a signboard, put up there to scare all you birds out of the woods," said Jim, holding his head on one side and looking at Mrs. Robin to see if she believed him.

"I don't believe you can read at all," said Mrs. Robin. "You said it was easy to guess. If you can read you can tell me what it says." "All right, all right," cawed Jim Crow. "Don't believe me, then, but ask Mr. Owl and see if I am not right."

"Why, of course! He is the wisest bird in the woods," said Mrs. Robin. "I wonder I did not think of him at first!" and off she flew to the home of Mr. Owl.

Mr. Owl poked out his head from his window, and when he heard what Mrs. Robin wanted, he said: "Oh, yes! Of course, I'll be right over when it is dark. You know I cannot read in the daytime."

"Oh, dear! I never thought about that!" said Mrs. Robin. "And I do want to know what is on that sign! Well, I suppose I shall have to wait. You don't forget to come!"

All day long Mrs. Robin flew about the tree where the sign was and when the night came she decided to sit on a limb in the tree right over the sign so that she would not miss Mr. Owl.

But Mrs. Robin was not used to staying awake after dark, and soon she was nodding, and before long she was fast asleep.

There is a very little that Mr. Owl does not see at night, and while he had no notion of letting Mrs. Robin know he could not read, he did want to have a look at the sign, so he flew quickly to a place near the tree and looked around.

The very first thing he saw was Mrs. Robin fast asleep on the limb, and close by her he saw a word about it. He flew away without waking Mrs. Robin, and the next morning when she awoke she found him not coming to the tree as he promised Mr. Owl to do.

So all that day poor little Mrs. Robin huddled hither and thither around the tree, asking every bird she saw what was on the sign and missing all the worms and bugs which the other birds were finding.

Just at night time Jack Sparrow flew to the tree, and when Mrs. Robin said him what he was doing so far from the farm where he had a home behind the blinds, Jack Sparrow told her he was going to live in the woods. "Don't you see that sign?" he asked. "That says that no one can shoot birds in these woods, and so I am coming in here to live because it is safe. I heard the Farmer say he put his sign up, so I flew right over to make sure."

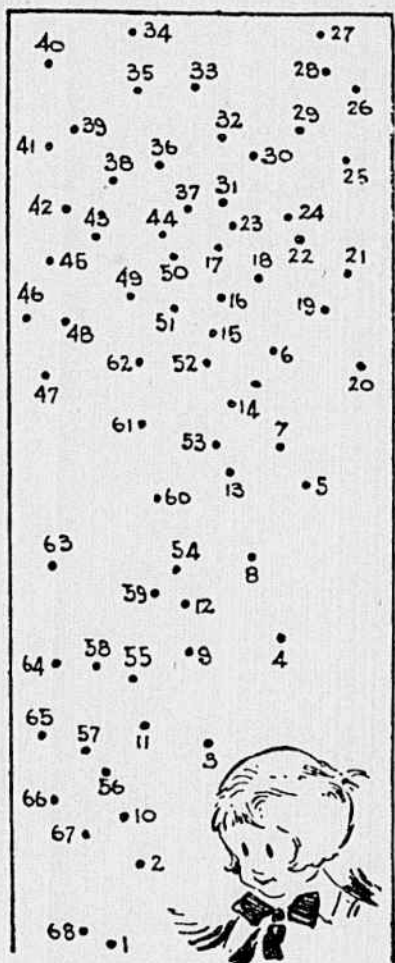
"You don't tell me that is what is on that sign," she said. And Mr. Owl never told me a word about it."

Out of a sound sleep she awoke Mr. Owl to tell him what she thought of it. "Why didn't you tell me what it said on the sign?" she asked. "I might have gone out of the woods and played my life!"

"You didn't ask me," said Mr. Owl. "I never tell anybody anything unless they ask."

And off flew Mrs. Robin to tell all

## Puzzle Picture



What has Willie drawn?  
Draw from one to two and so on to the end.

## WEDDINGS AND ENGAGEMENTS

GRANCOCK, Sept. 21.—Mrs. Bellington Hall, of Atlanta, Ga., has announced the approaching marriage of her daughter,

Sara, to Thomas Eastern Addison, now of Atlanta. The wedding will occur early in October.

CHARLOTTESVILLE, Sept. 21.—John W. Wilkins, an employee of the Chesapeake and Ohio Railway, and Miss Evelyn M. Wheeler, daughter of Mr. Sidney B. Wheeler, were married Thursday by Dr. James K. Johns, pastor of the First Methodist Church.

WINCHESTER, Sept. 21.—Mr. and Mrs. Charles A. Ford, of Front Royal, Va., have announced the marriage of their daughter, Miss Ruth V. Ford, to Dr. Byron A. Ford, of Winchester. The wedding took place September 16 in Washington, the Rev. Herbert F. Randolph officiating.

## AMUSEMENTS

**Study of Laughs.**  
One who has made a study of laughs writes that the American laugh is languid but musical, and most often heard when the laughter is doing business.

The German laugh never was noted for its heartiness, and it will be even more so as time wears on, the French laugh is spasmodic, uncertain and very artificial.

"The upper classes of the English nation laugh guardedly, the lower classes exuberantly; the Chinese and Japanese laugh is more of a titter than an outburst of merriment; the American laugh is an outburst of humor that cannot be mistaken."

Those who went overseas to entertain our soldiers boys had opportunities to study laughs of different nationalities.

Billy Beard, the leading comedian with Al G. Fields' Minstrels, claims the spontaneous character of the laughter of the people of Yankee land is the most infectious of that of any nationality.

The fact that Americans seem to grasp the point of a joke more readily than others is the cause of general and responsive laughter of the American people. When you visit the minstrel, note the laughs of different persons. It is an interesting study.

Al G. Fields' Minstrels appear at the Academy tonight, Tuesday, Wednesday and Wednesday matinee.

**"So Long, Letty." Coming.**  
"So Long, Letty," Oliver Morosco's musical farce, will play an engagement at the Academy Friday and Saturday and Saturday matinee.

"So Long, Letty," comes to Richmond with a record to its credit of twelve weeks in Los Angeles, six weeks in San Francisco, twenty-six weeks in Chicago and twenty weeks at the Shubert Theater, Manhattan. Oliver Morosco and Elmer Carroll wrote the book and Earl Carroll the lyrics and the music.

The play is said to have a distinctive plot unusual among musical plays

and songs which are not interpolated, but are related to the action. The cast is an unusually large one, including Gladys Lockwood, Eunice Burnham, Helen Axelrod, Harry Tyler, Katherine Kidson, Emily Stead, Harry Stevens and a chorus of California beauties.

Much of the music has already become popular in the East and is of the whistling variety. Probably the best known numbers are "So Long, Letty," "Pass Around the Apples When Again" and "When You Hear Jackson Moan Upon His Saxophone."

**"Pretty Baby" Here Thursday.**  
Ask any well posted person about things theatrical which are the real musical successes of this season, and amongst the first three or four he will mention Jimmie Hodge's new 1919 version of "Pretty Baby," which will be seen at the Academy Thursday night.

With all its dazzling splendor of the up-to-the-minute New York success, its celebrated principals of singers, dancers, comedians, and, of course, a brigade of blonde and brunette beauties, each a dainty daughter of the Southland imagine a whole evening's comedy, perfect scenic environment, electrical novelties and entrancing music from the pen of the best known writers in songland, and it's just one whistly catch air after another. It is the old opera in many new ways which is the secret of its success, the most celebrated artists, director, costumers, property men known on the stage today had a hand in the ultimate success of "Pretty Baby."

The production is a marvel of spectacular scenery and gorgeous costumes. The color schemes so important in latter day productions has been studied up to a completeness absolutely marvelous. The show from beginning to end is a delight to the eye as well as to the ear. That is what counts for success. "Pretty Baby" is one of the individual successes.

**HINTS FOR THE HOME**  
Knives should be kept specially for slicing bread and for cutting hot fat as both of these articles have a tendency to make even the sharpest edge blunt.

When buying a hair mattress, choose one filled with black rather than white hair, as the latter has generally been bleached, which deprives it of springiness and makes it "mat" more quickly than the black or even gray hair.

When baking a rich cake in a comparatively small oven, it will be found a good plan to place the cake-tin in a baking-tin containing a thick layer of sand, piling the last well around the cake-tin. A double fold of greased paper will protect the top.



## Dogs and Fleas And Human Ease

JUST because your dog walks on four feet and you walk on two is no reason why you can't learn things from him. One famous chemist and dog expert made dogs his life study and learned hundreds of things from them. One thing he learned was to rid dogs of fleas easily and quickly. He discovered Sergeant's Skip-Flea Soap, which destroys fleas and other vermin instantly. It makes your dog the fit companion of your children.

Then came the discovery that Sergeant's Skip-Flea Soap quickly, safely and surely destroys lice, sand fleas, chiggers (chiggers) and other parasites on humans. It gives humans comfort and ease.

Froehling & Robertson, well-known firm of analytical chemists, witnessed the application of Sergeant's Skip-Flea Soap on a flea infested dog and their microscopic examination showed every flea dead.

"We are thoroughly familiar with the ingredients composing Sergeant's Skip-Flea Soap," they state, "and have seen it used on children's heads infested with lice, killing the vermin instantly. We also found it very effective in cases of pedicula pubis."

"It is perfectly harmless to the most delicate skin."

Despite your scrupulous care, your children may "pick up" lice or other vermin at school or on the playground. "Grown-ups" may suffer the same way through checking hats and garments at restaurant, hotel or theatre coat rooms. Pedicula pubis may be "picked up" at public comforts.

But there is complete protection. Wash the children's heads once every week with Sergeant's Skip-Flea Soap. Give yourself a weekly shampoo with Sergeant's Skip-Flea Soap. Bathe with it. It's an ideal soap for bath, not only destroying all vermin, but also soothing the skin.

Get Sergeant's Skip-Flea Soap at Drug, Department and Sporting Goods Stores and Pet Shops. Keep it always in the house. Use it regularly. It's 25c the cake. If your dealer cannot supply you, write Polk Miller Drug Company, Inc., Richmond, Va., enclosing 25c and a cake will be sent you postpaid.

## Wedding Flowers

DIRECT FROM THE HAMMOND GREENHOUSES.  
Let the Hammond floral artists attend to your order and send your card with the choicest flowers from our great Greenhouses.

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Telephone Mad. 630.  
100 East Broad Street.  
"The South's Great Florist."

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## The Supremacy of the Aeolian-Vocalion

Today the phonograph has developed to its ultimate goal. In the Aeolian-Vocalion and the new Vocalion Record, phonograph perfection has been achieved. No longer a machine of any kind, the phonograph takes its new position as a true MUSICAL INSTRUMENT. You—music lover—cannot know all the possibilities of the phonograph, until you hear Vocalion Record played upon the Aeolian-Vocalion.

We will gladly demonstrate this wonderful machine. Come in tomorrow for profit—price—easy terms.

## Taffeta With Fur EXCELLENT FOR CAPES

There was a time when a good-looking evening wrap was a necessary feature of every woman's wardrobe. Now, however, the smart fashionable has a collection of such wraps, from glimmering, glittering brocade to those of the softest chiffon, laid fold over fold in a mystic maze of color.

Taffeta is one of the most popular fabrics for these wraps. This material takes "the drape" nicely and holds the folds.

A lovely taffeta cape is made up in a dull shade of grayish rose, with an understating collar, showing the two-toned quality of this silk reflects the light beautifully, shimmering into the crystalline whiteness of the high lights which give this silk its name.

The silhouette of these capes comes in exquisite coloring because the two-toned quality of this silk reflects the light beautifully, shimmering into the crystalline whiteness of the high lights which give this silk its name.

prizes the high collar, showing the very top of the hair from the back view; the broad expanse across the elbow line makes it a low scantiness around the lower edge.

This silhouette is accomplished by

draping the fullness of the cape toward the front around the lower edge and then cutting it away in a bias line where the fullness would naturally stick out if allowed to remain.

Some of these capes drape in straight folds from the shoulder line, others are gathered to a deep circular yoke, while still other models are draped under at the waist line in a way that emulates the Turkish skirt of yesteryear. Below the looped drapery the narrower part of the cape falls in gathered folds.

White fox, black lynx, moleskin, kolinsky and skunk are the most popular furs for the high straight collar which are ornamental features of these capes.

The brocade fabrics are especially striking when combined with fur. Rose, brocade in silver, is lovely with a deep collar of black lynx; blue and silver brocade is girlishly youthful when topped by a white fox collar. Yellow and gold brocade tones beautifully with kolinsky, while moleskin is lovely with coral pink and gold brocade.

**LENGTHEN DRESSES**  
The American modistes are compromising with the French skirt. Tailored suits and dresses will be ankle length and afternoon gowns will be long, while evening gowns will carry trains. The French dresses are frequently made just below the knee and the American ready-mades are eight inches from the floor.

## Thalhimer Brothers BROAD AT FIFTH.

## A Novelty for the Home, Printed Bedspreads

Spreads printed with beautiful designs in blue, pink and gold. Leading Northern stores have featured them with wonderful success. We have had them only a short time, but have had to reorder several times. Such popularity is due to three qualities: their exquisite beauty, their durability and their ability to stand laundering. Let us show you samples that have been washed.

**Printed Spread, Plain Hemmed**  
Size 72x90 .....\$3.50  
Size 81x90 ..... 3.98

**Printed Spread and Bolster Throw Set, Embroidered Edge**  
Scalloped and cut-cornered. Floral patterns printed on sheeting.  
Spread, size 72x90, \$5.50 and \$6.50.  
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Spread, size 81x96, \$6.50.  
Spread, size 90x96, \$7.50.

**Ripplette Printed Spread Sets**  
Four different patterns in large floral designs. Include Spread and Bolster Throw.  
Spread, size 72x90, \$7.50.  
Spread, size 90x96, \$9.00.

Mr. Self-Feeder: Hello, Mr. Long. Wish you'd tell my old man if he expects to keep his body warm and his temper cool to buy his Anthracite coal from you ONLY. It's the one way I can please him.

Mr. Long: I'll certainly put it up to him. The proof of the pudding is in the heating, and, say, he's my meat for sure.

If you want Coal free of slate, phone MADISON 1069 OR 1070.

**Long Coal Co., Inc.**

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When your oculist prescribes glasses for you ask him if he doesn't think that taking the prescription to Galeski will insure absolutely accurate lenses and correctly fitted, comfortable frames.

If you do this you will see us.

**Your Vacation Films**

deserve Galeski finishing. Our method of developing and printing insures the best results from every negative, while our policy "Kodak Films Developed Free" makes this work cost you less than even the ordinary kind.

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